To get slots for big things like ropes, bedrolls, waterskins, and tents:

- medium
- small

The four big weapons are pike, maul, greatclub, and heavy crossbow.

Guide

Tiny things
Chestnut size. Such as coins, gems, candles, pitons, spikes, incense, vials...

Small things
Grapefruit size. Such as folded clothing, flasks, mess kits, tinderboxes, lanterns, torches...

Medium things
Watermelon size. Such as books, weapons, shields, bow with full quiver...

Encumbrance
You can use circles numbered up to your strength score, or twice your strength score if you take a ten foot speed penalty.

Armor squares count separately, and the easiest thing to do is to subtract them from your strength score. So if you have strength 12 and wear ring mail, which costs 8, you could use circles up to 4, or 16 if enc.

Enc (-10 speed)
E.g. STR 12 with ring mail 4 and 16